

Testimonials from S2S Bridge Young Adult Program Participants:

“Through this program, I am gaining a sense of myself in this world.”



“I have felt myself become more responsible and capable. While the eight-hour work day used to feel impossible to get through, I am now able to show up to work ready to go as well as work hard throughout the whole day.”



“The aventuras have been incredibly impactful, as they have given me a chance to see a way of life so different from my own and has effectively taught me a lot about the way I want to be.”



“I’m learning more about myself, learning important life skills, practicing Spanish, living more independently with a crucial safety net, and gaining confidence that I’ll succeed outside of here.”



“I’ve discovered how to seek more internal gratification, and developed a new method of internal regulation.”



“The weekly summaries have introduced me to the idea of a productive week. The ability to create my own schedule has presented a good representation of how I’ll manage my schedule in college.”



“In this program I have gained two important things: the skills to function as a healthy independent adult, and the opportunity to focus and complete all of my academics to lead me into college.”



“I have become much more active, both physically and mentally.”



“ I have practiced staying busy and productive for almost all of the day. I now manage and schedule my time to organize my day and follow my priorities.”



“I feel much more confident about myself as a person, and have matured a lot since being here.”



“Getting into a regular routine with going to the gym and playing sports has helped me into a very healthy state.”



“Aventuras have made a huge impact on me, widening my perspective and putting myself into uncomfortable situations.”



“Learning to cook healthy and good food for my peers and myself will be a skill that will treat me well in the future.”



“It was good because it’s perfect for the person who needs a push toward independence.”



“Perfect balance between structure and do stuff on your own; to be responsible, to be accountable.”



“It has that support to develop strategies.”



“The people are very caring; this gives you a sense of belonging, it gives you a sense of self-worth.”



“I saw that people liked me; that gave me motivation to go out and do stuff.”
“It taught me that keeping a close support group is a huge key to success.”



“I really got a lot out of the Aventuras, the fact that you get respect from anybody from hard work; there is a sense of honor in that.”



“Being organized gives you a sense of purpose.”

“That sense of community; we lived by that, building that... that was really fulfilling; giving makes you happy.”



“It gave me a good opportunity to have enough free time to learn and improve, but also enough productive time.”



“The environment is pretty perfect for studying and focusing on developing yourself.”



“When I was there I learned more about myself and what I want to learn.”



“I learned so much about being a good person and getting along with people.”



“I learned math, Spanish, and so many other

things, because it was such a good environment for learning.”



“Getting along with people, being more affable, learning how not to get in conflict, to say the right things at the right time.”



“Having to be where everybody speaks Spanish made me use my brain, and that made me want to be in the mood to learn other things.”



“Hanging out with the staff and the locals, they are very accepting and take everything lightly; this helps you be who you are. You don’t have

to perform.”



“Being immersed in a culture where people don’t speak English challenges you in a way that really prepares you for life.”



“Experiences like these will make you feel more comfortable in the future in new situations or situations where you are not.”